

Welcome

Morgan Black, MPA

Director, AHEI

Dec. 3 Agenda

Community Partnerships

Time	Health System	Presentation Title	Speaker
9:00-9:05	HANYS	Welcome and Community Partnerships Introduction	Morgan Black, MPA; Maria Baum, MS, RN
9:05-9:25	Nuvance Health	Food as Medicine for Hypertension	Brenda Ayers, MD
9:25-9:45	MediSys Health Network	Community Kitchen and Food Pantry	Naa Djama Attoh-Okine, MPH
9:45-10:00	One Brooklyn Health	Community-Supported Agriculture	Jeffannie O'Garro, MPH; Raquel McDaniel, MPH
10:00-10:10	Break		
10:10-10:30	Arnot Health	Meals that Heal: Meal Delivery to Falck Cancer Center	Elizabeth Weir, MSN, RN, CENP
10:30-10:50	SBH Health System	Nutrition Education in the Teaching Kitchen	Abbie Gellman, MS, RDN, CDN; Alvin Lin, MBA
10:50-11:10	Maimonides Health	Building Partnerships to Support LGBTQ+ Mental Health	Nilar Thwin, MD; Terry Tan, MBA
11:10-11:20	All	Q&A and Wrap Up	Morgan Black, MPA

Dec. 5 Agenda

DEI and Data Improvement

Time	Health System	Presentation Title	Speaker
9:00-9:05	HANYS	Welcome and Data Improvement Introduction	Morgan Black, MPA; Kira Cramer, MBA
9:05-9:25	St. Lawrence Health	Collecting Race, Ethnicity and Language Data	Jessica DeForge, AS, CRHCP, DEIC
9:25-9:45	BronxCare Health System	Collecting Social Determinants of Health Data	Mayra Garcia, PMP
9:45-10:00	St. Peter's Health Partners	Using Patient Demographic Data to Identify Disparities	Melissa Zapotocki
10:00-10:10	Break		
10:10-10:15	HANYS	Welcome Back and DEI Introduction	Morgan Black, MPA; Rachael Brust, MBA
10:15-10:35	Crouse Health	We Ask Because We Care and DEI Initiatives	Twiggy Eure, EdD; Karen Sigona
10:35-10:55	St. Lawrence Health	Employee Well-Being and Belonging	Lauren Prentice, MS, RDN, CDN; Jolene Carotenuto, MEd, MSN, RN, NPD-BC
10:55-11:15	Univ. Vermont Health Network	Staff Training for Health Literacy	Christina Keating
11:15-11:35	River Hospital	Building a Culture of Diversity, Equity and Inclusion	Chris Randall
11:35-11:45	All	Q&A and Wrap Up	Morgan Black, MPA

HANYS AHEI team



Kathleen Rauch, RN, MSHQS, BSN, CPHQ
VP, Quality Advocacy, Research and Innovation and Post-acute and Continuing Care



Christina Miller-Foster, MPA
Senior Director, Quality Advocacy, Research and Innovation



Morgan Black, MPA
Director, Advancing Healthcare Excellence and Inclusion



Maria Baum, MS, RN, CPHQ
Project Manager, Mohawk and Hudson Valley, Syracuse



Rachael Brust, MBA
Project Manager, North Country and Rochester



Kira Cramer, MBA
Project Manager, New York City and Westchester



Jon Serrano
Communications Coordinator

AHEI program faculty



Theresa Green, PhD, MBA
Director, Community Health Policy and Education, URM Center for Community Health



Julia E. Iyasere, MD, MBA
Executive Director, Dalio Center for Health Justice; SVP, Health Justice and Equity, New York-Presbyterian; Assistant Professor, Columbia University

AHEI Accomplishments 2022-2024

Education

564 people attended the AHEI virtual learning series.

203 people completed a health equity/DEI course through Diversity Science.

34 Cornell DEI Certificate program scholarships awarded to employees of AHEI health systems.

Hospital capacity building

AHEI health systems created 23 new health equity and DEI committees.

AHEI health systems hired 30 new health equity and DEI employees.

An estimated 15,769 employees at AHEI hospitals received internal training on health equity and DEI topics.

Community partnerships

AHEI health systems partnered with 68 community-based organizations.

13 stipends of \$20,000 each awarded to AHEI health systems' community partners.

Committee participation

27 individuals from AHEI health systems serve on the HANY Health Equity Task Force.

Five individuals from AHEI health systems serve on the HANY DEI Officers committee.

Community partnerships as a driver of health equity

Community partnerships are essential for hospitals in New York to **improve health, strengthen the healthcare system and address local needs.**

Effective partnerships are essential for community-based solutions for advancing health equity by:

- making it a shared vision and value;
- increasing the community's capacity to shape outcomes; and
- fostering multi-sector collaboration.

Today we will hear presentations from six health systems that used their community partnerships to achieve their goals.

Five of these health systems educated their patients on the role of healthy food in disease prevention and management, while also providing healthy meals. One health system educated their behavioral health staff on the needs of the LGBTQIA+ population.



Nuvance Health

Food As Medicine Program

Brenda Ayers, MD

Medical Director Health Equity

Nuvance Health

Nuvance Health Food As Medicine (FAM) Program

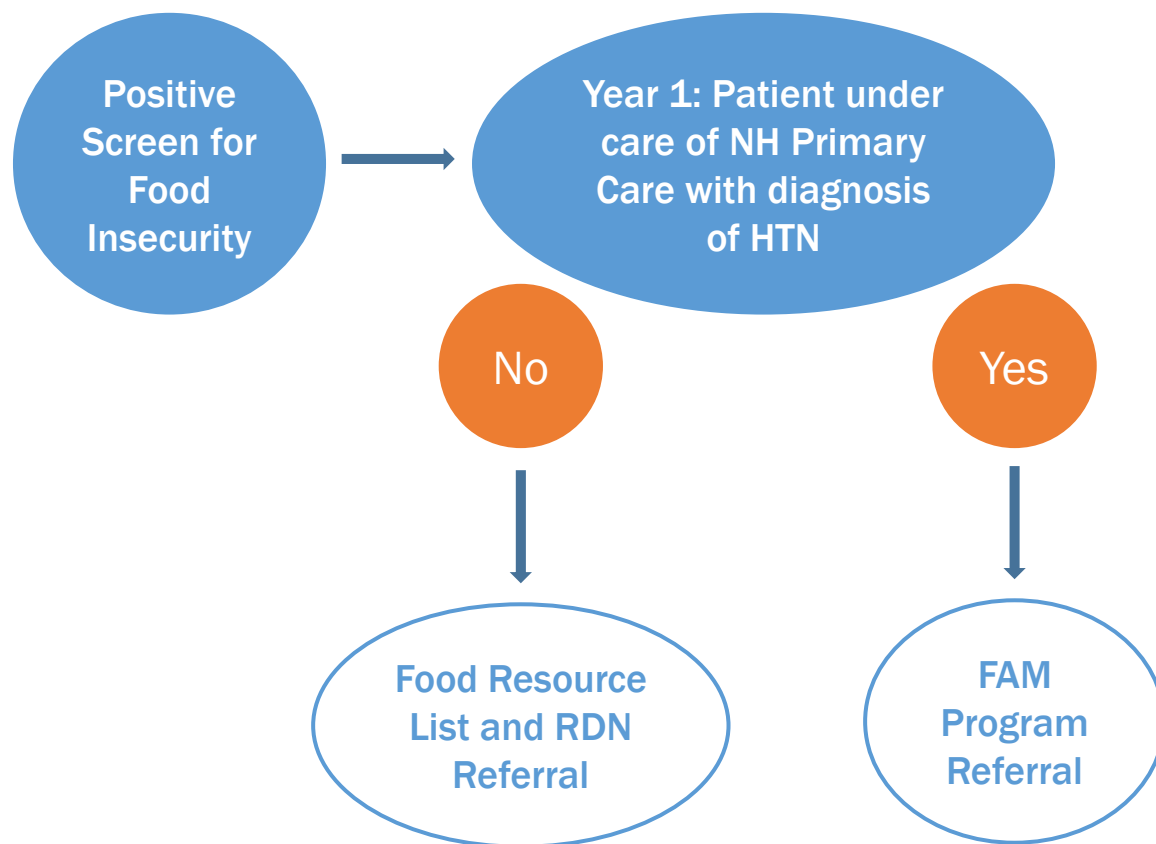
This program is designed to impact nutrition-sensitive chronic diseases by providing food and nutrition-insecure individuals with consistent access to healthy, nutritious foods and registered dietetic professionals. Along with our community partners, we aim to *impact chronic disease by providing equitable access to and education on healthy foods and nutrition in ways that show respect for and empower the community.*



The FAM Program is a partnership between Nuvance Health and community-based organizations: (NYS) Dutchess Outreach, HANYS, and the Culinary Institute of America; (CT) United Way of Coastal and Western CT, UConn Ext, Community Action Agency, and Connecticut Institute For Communities.

FAM Program Workflow and Metrics:

Collaboration with Dutchess Outreach, CIA, HANYS (Poughkeepsie) and United Way Western Connecticut, CT Institute For Communities, U. Conn Ext, Community Food Rescue (Danbury). AHC Navigators screen patients with HTN for SDOH.



F.A.M. Program enrollment includes:

1. FAM Program grocery –store style pantry
2. Registered Dietician Nutritionist (RDN)
3. Food preparation classes

Multi-year approach to chronic disease:

Year 1: Uncontrolled HTN: Defined as systolic blood pressure of 140 or greater and/or a diastolic blood pressure of 90 or greater

Year 2: Uncontrolled diabetes: Defined as a most recent hemoglobin A1c greater than 7.0%

Year 3: Decompensated CHF, pregnancy

Metrics:

1. Utilization of program (# referrals made)
2. Improved SBP control (5 mmHg) and DBP (3 mmHg) compared to baseline
3. Improved consumption of fresh fruits and vegetables

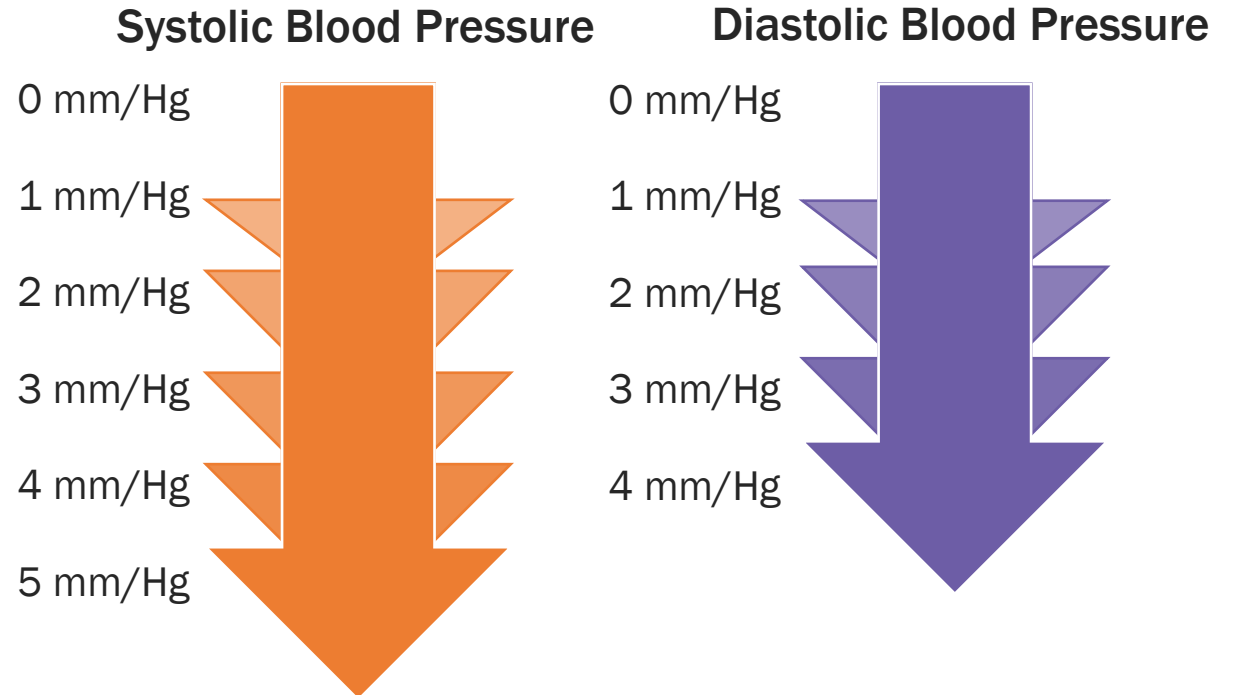
Nuvance Health Poughkeepsie FAM Program Impact on HTN

Total population*

- 48% had 5 points or greater reduction in their SBP
- 54% had 4 points or greater reduction in their DBP

48% improvement of systolic blood pressure by 5 mmHg or more for a total of 31 participants with at least 2 BP measurements

54% improvement of diastolic blood pressure by 4 mmHg or more for a total of 31 participants with at least 2 BP measurements



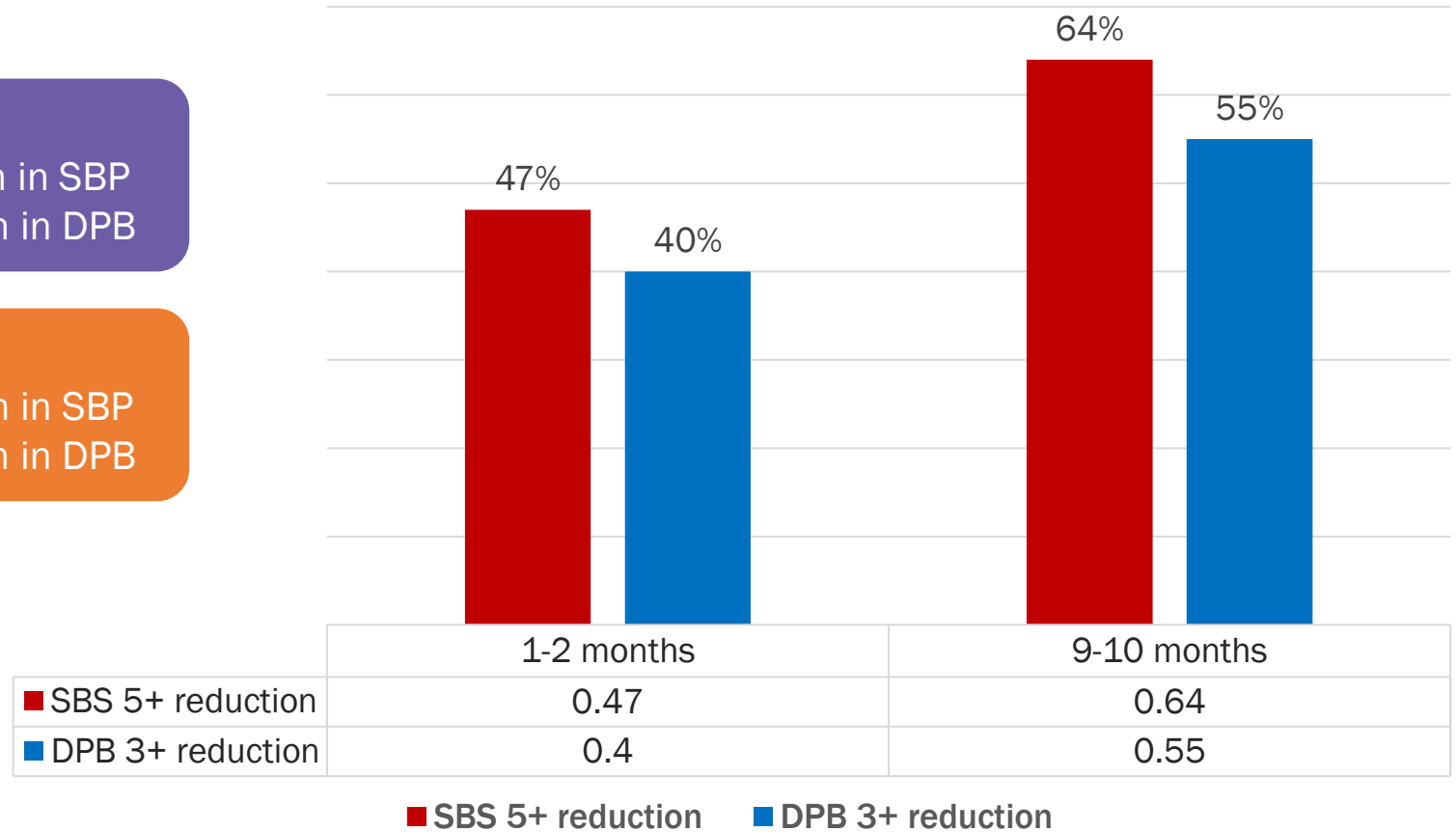
BP Reductions Over Time: The Connecticut Experience*

Patients enrolled for 1-2 months

- 47% had 5 points or greater reduction in SBP
- 40% had 3 points or greater reduction in DPB

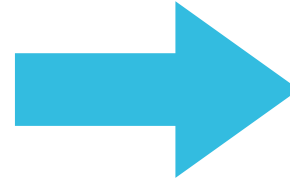
Patients enrolled for 9-10 months

- 64% had 5 points or greater reduction in SBP
- 55% had 3 points or greater reduction in DPB



*November 2023-August 2024

Challenges



Next Steps

- Sustainability
 - Helen's Hope Foundation
 - Nuvance Health Foundation
- Program Growth
- Consistent Participation Average
 - 50% participation weekly
 - Weather
- Seasonal Produce Availability

- Strategic Planning Meeting Jan. 2025: FAM Program 2.0.
- Actively participate in NYS Food Coalition regarding the roll-out of the 1115 Waiver.
- Collaborate with SNAP to continue community outreach.
- Collaborate with Ten Mile Foundation for crop planning for new year.



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Questions?

Brenda Ayers, MD

Medical Director Health Equity

Nuvance Health

brenda.ayers@nuvancehealth.org

Jamaica Hospital Medical Center and King of Kings Foundation: Community Kitchen and Food Pantry

Naa Djama Attoh-Okine, MPH
Director of Health Equity Initiatives
MediSys Health Network

Community Kitchen and Food Pantry

Approximately **11%** of our Queens community experiences food insecurity. Our projects aims to provide community members with short and long-term relief.



Our partners

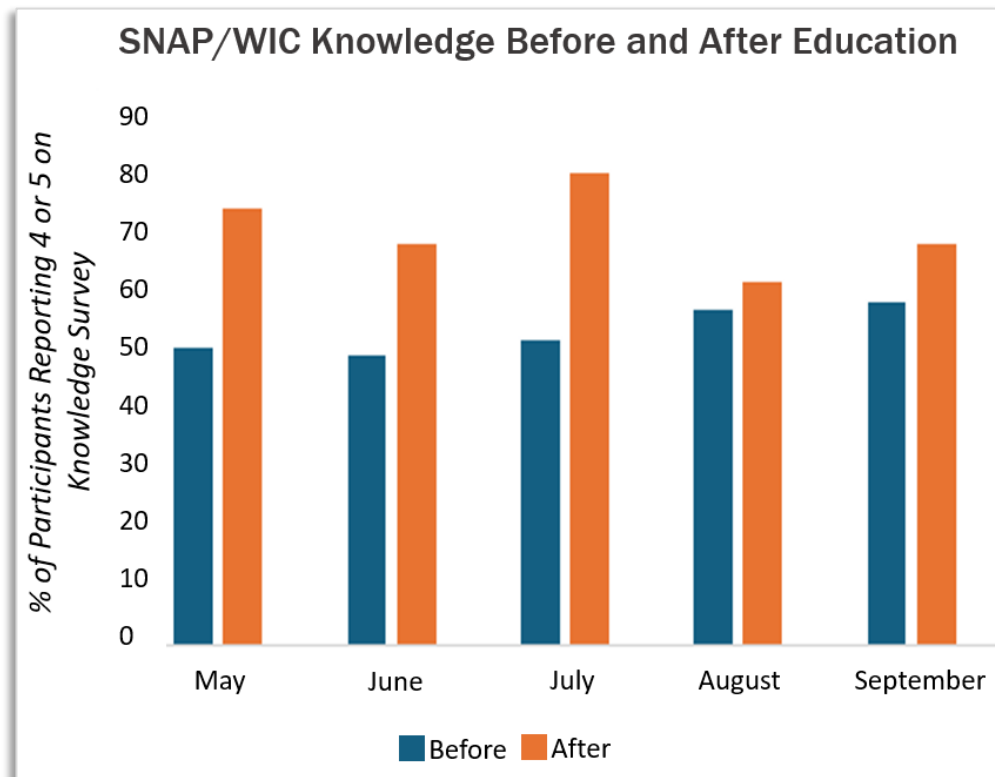
We identified the King of Kings Foundation (KoK) as a partner because of their established presence in the community.

- KoK hosts food events at their Jamaica location.
- KoK prepares hot meals and hands them out to participants.
- JHMC sets up SNAP, WIC, nutrition education, and food pantry.



Success stories

Approximately 900 community members attended our events. We provided education on various topics including SNAP, WIC, vitamin intake, smart shopping, and produce selection. We assessed participants knowledge on the topics before and after they visited our tables.



Challenges and changes

Language barriers: many community members were Spanish speaking. We offered all educational resources and surveys in Spanish.

Fresh foods: in addition to hot meals and non-perishable groceries, our team wanted to provide fresh fruits and vegetables to community members. We invited the Queens County Farm Museum to set up their farmer's market at our event, so participants could shop free of cost.



What's next?

- JHMC is exploring services to address food insecurity within our patient population. For example, we are considering providing 2-day emergency food boxes for patients who screen positive for food insecurity.
- JHMC is also exploring partnerships with mobile food pantries to bring groceries right to the hospital.





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Questions?

Naa Djama Attoh-Okine, MPH
Director of Health Equity Initiatives
MediSys Health Network
nattohok@jhmc.org

Roots to Wellness: Community Supported Agriculture Food Box Program

Jeffannie O'Garro, MPH
Population Health Data Analyst
One Brooklyn Health

Raquel McDaniel, MPH
Project Manager
One Brooklyn Health

Roots to Wellness

Issue: lack of access to affordable healthy food remains a persistent issue in East and Central Brooklyn. One in four Brownsville households are food insecure, and for every supermarket there are 15 bodegas.

Goal: increase access to health-promoting foods, address chronic diet-related illness, and strengthen local food systems



Our partners

This pilot works towards food justice by empowering the Central Brooklyn community to purchase local, healthy foods produced by regional farmers conveniently, affordably, and consistently.



Program Data

Total participants 443

Retention rate 24%

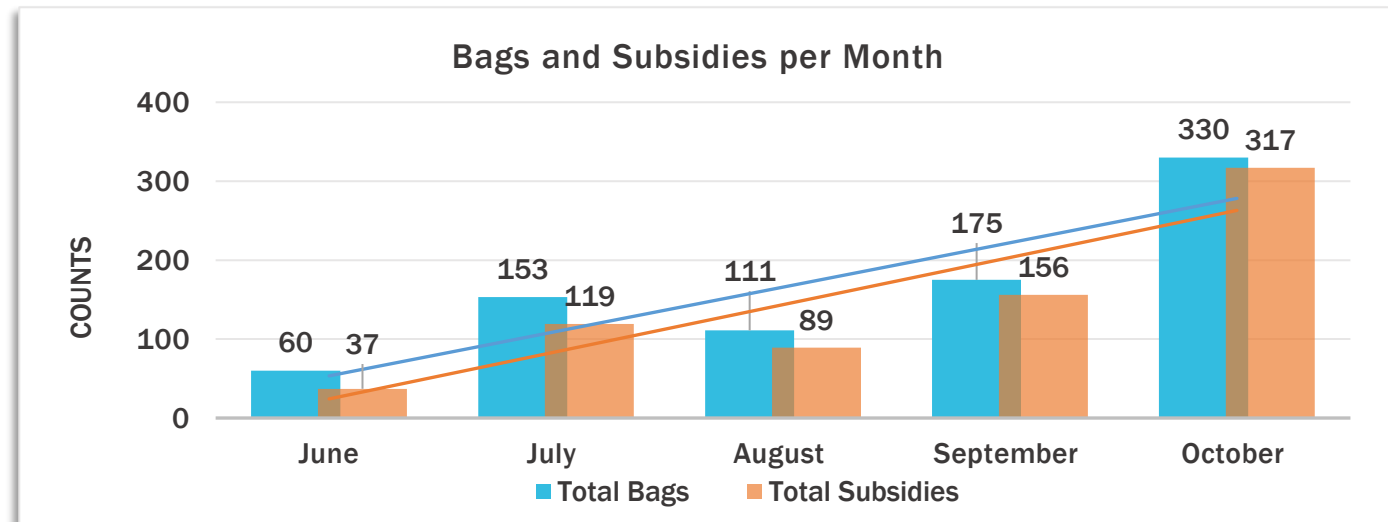
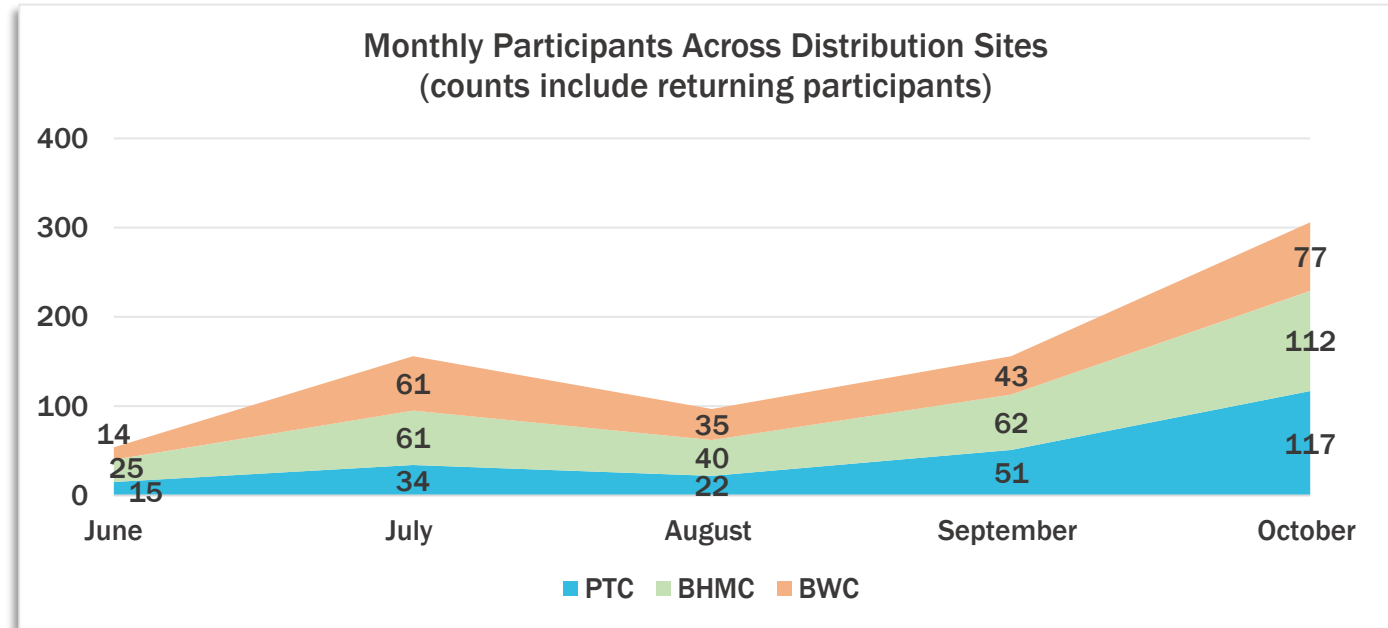
Total bags ordered 829

Average orders per week 44

Total pounds of produce 6,397

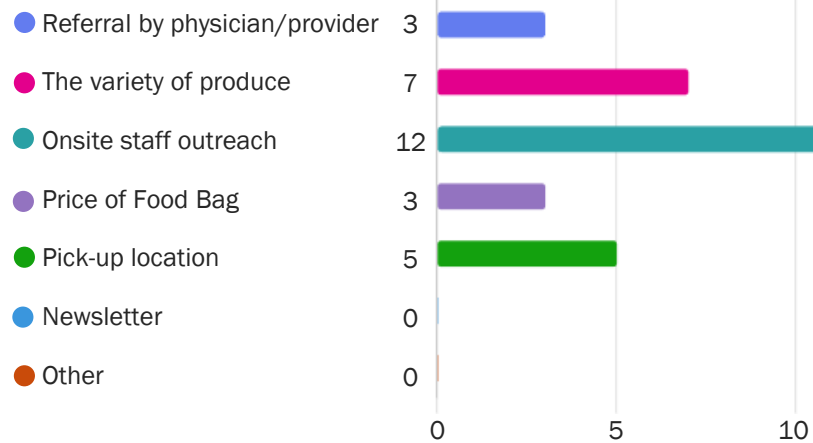
Total items from BIPOC and woman-owned farms 52

Total culinary demos/ tabling sessions 9

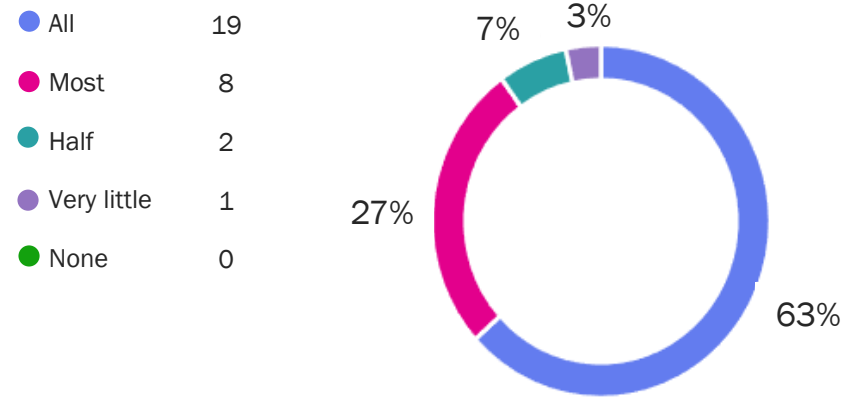


Program Data - Participant Survey (N = 30)

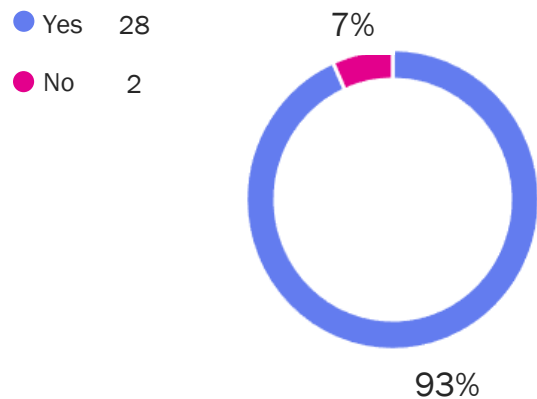
Why did you join the Roots to Wellness Food Box Program?



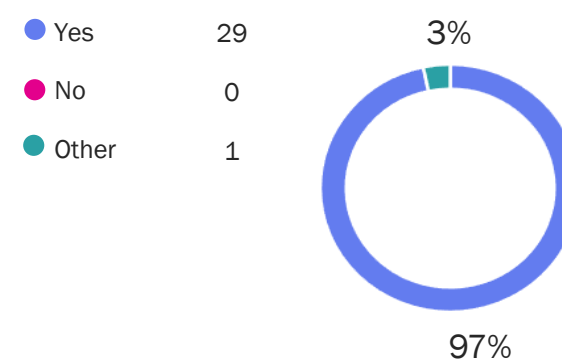
How much of the produce did you use that was included in your Roots to Wellness Food Box?



Do you plan on returning to the Roots to Wellness Food Box Program next season?



Is the Roots to Wellness Food Box Program of good value to you (e.g. nutritional value, newsletter, increase fruit and vegetables intake)?



Success stories

Program Coordinator's Anecdotes:

"I enjoy introducing participants to a healthier lifestyle change. Participants are overly excited about the program, many of them are sad that the Food Box Program is ending for the season. I often hear comments like 'Why does the program have to end so soon.'"

- Lyn Thomas

"I can recall a few times at the Brookdale site, when Lyn and I are still setting up in the morning, yet participants will begin to surround the table eager to see the weekly produce and purchase their food bag! It fulfills me to see participants just as excited about the program as Lyn and I are!"

- Deasia Goodson

Participant Feedback:

"I learn so much about different vegetables and how to cook them. Excellent program"

"Vegetables were very fresh"

"Sweetest tomatoes I've had in my life, I'm glad I ordered a bag"

"I appreciate the convenience of being at the doctor's office"

"Would be nice if we had a choice of customizing the bags as I might not use all of the items"

"Love the element of surprise of have the produce pre-selected because it gives them the incentive to try a variety of produce"



Challenges and changes

Challenges

- Staff Retention
- Participant Reach
- Poor Quality Produce
- Outreach
- Data Collection



Solutions

- Hired New Staff
- Health Bucks and SNAP Acceptance
- Quality Control Inspections and Communication with Produce Partners
- Increased Marketing and Engagement
- Interim and Post Program Survey

What's next?

Extended Programming: received NYS grant to extend program until mid-December.

Building Capacity: standardizing screening protocols to identify social risk and support referral and navigation to services.

Expand and Scale: seeking funding and new collaborations to pilot FAM initiatives.





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Questions?

Jeffannie O'Garro, MPH

jeffannie.o'garro@obhny.org

Raquel McDaniel, MPH

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Coffee break!



- Enjoy your break
- Stand and stretch
- Be back on time!

Meals While You Heal: Meal Delivery to Falck Cancer Center Patients

Elizabeth Weir, MSN, RN, CENP

Site Administrator and VP of Nursing

Ira Davenport Hospital/Arnot Health Elmira NY

Meals While You Heal

This program began in 2021 as a partnership between Meals on Wheels of Chemung, The Food Bank of the Southern Tier and The Falck Cancer Center.

Our goal is to advance health equity for people who are receiving life saving treatments, in a way that is most comfortable to them.

How it works:

- MOW freezes the same nutritious meals that are delivered to regular MOW clients and delivers those meals to the Falck Cancer Center for patients that are receiving cancer treatment.
- A registered dietitian and a social worker at the Falck Cancer Center identify patients most in need.
- Most patients are given 1-7 meals a week during their treatments to make things easier at home.

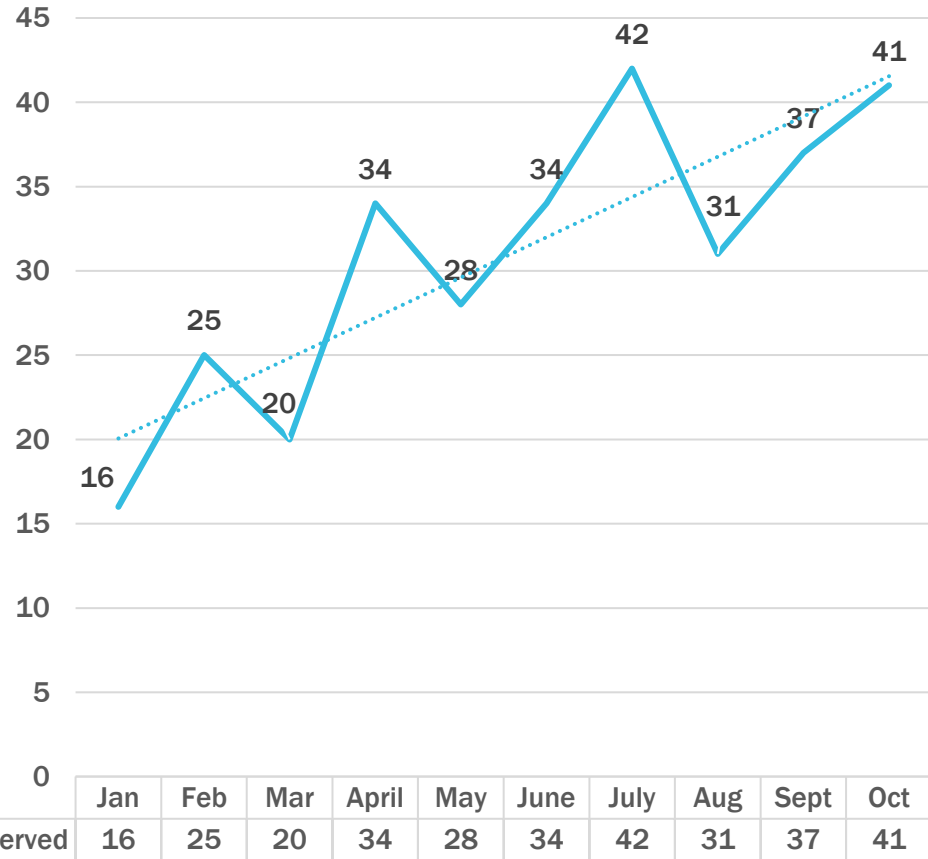
ArnotHealth
It's what we do


MEALS on WHEELS
CHEMUNG COUNTY

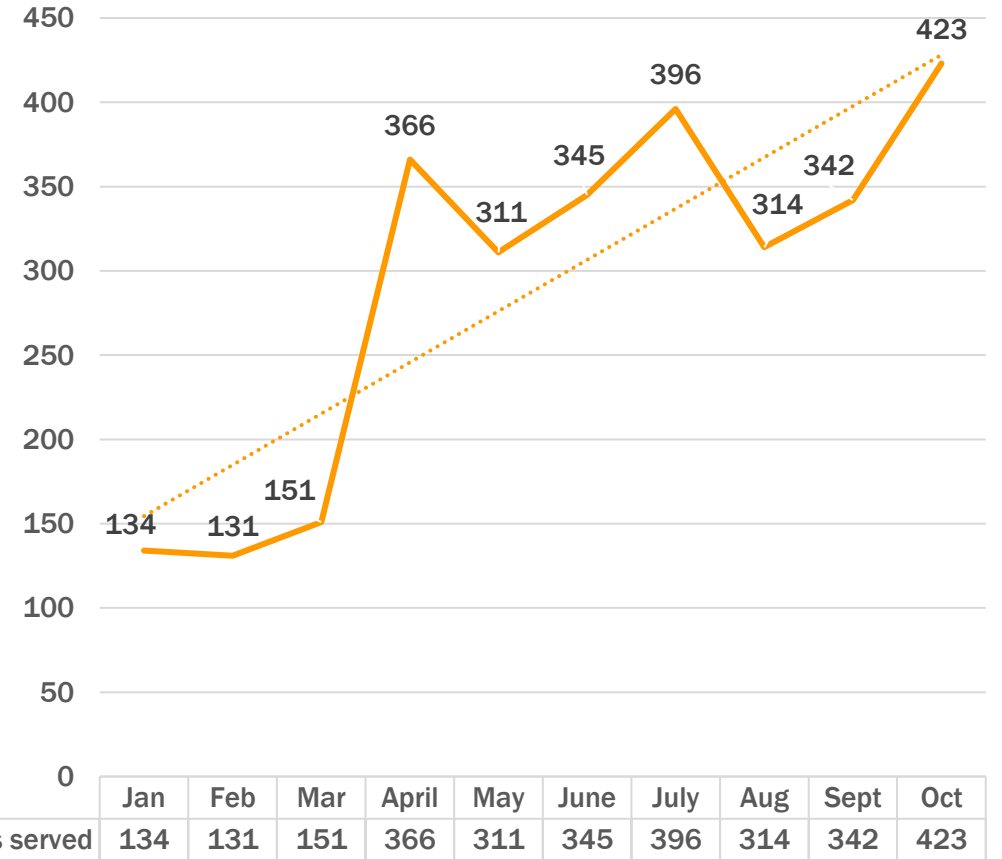

of the Southern Tier

2024 Program Data

Patients served by month



Meals served by month



Success stories



Successes, challenges and changes

Successes:

- Meals on Wheels of Chemung purchased a large freezer with funding from the HANYS community partner stipend.
- This expanded the program **from delivering 25 meals per week to 125 meals per week.**
- Delivered a total of 2,913 meals to 308 patients.

Challenges:

- None!

Changes:

- Rearranging the space to fit the new freezer!

Ultimately, with a willing partner like Meals on Wheels, this program is virtually seamless to stand up and expand to meet the needs of our patient population.

What's next?

Additional funding was secured from the Community Foundation to continue the project for the next six months.

Physicians from the cancer center have pledged to continue funding the project.



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Questions?

Elizabeth Weir, MSN, RN, CENP

Site Administrator and VP of Nursing
Ira Davenport Hospital/Arnot Health

Elizabeth.weir@arnohealth.org

Catie Ball, MS, RDN, LD

Outpatient Oncology Dietitian

catherine.ball@arnohealth.org

Katie Boland

Executive Director, Chemung County Meals on Wheels

katie@mealsonwheelschemung.org

Addressing Health Equity through Healthy Food Education

Abbie Gellman, MS, RDN, CDN

Director of Culinary Medicine and Teaching Kitchen,
SBH Health System

Alvin Lin, MBA

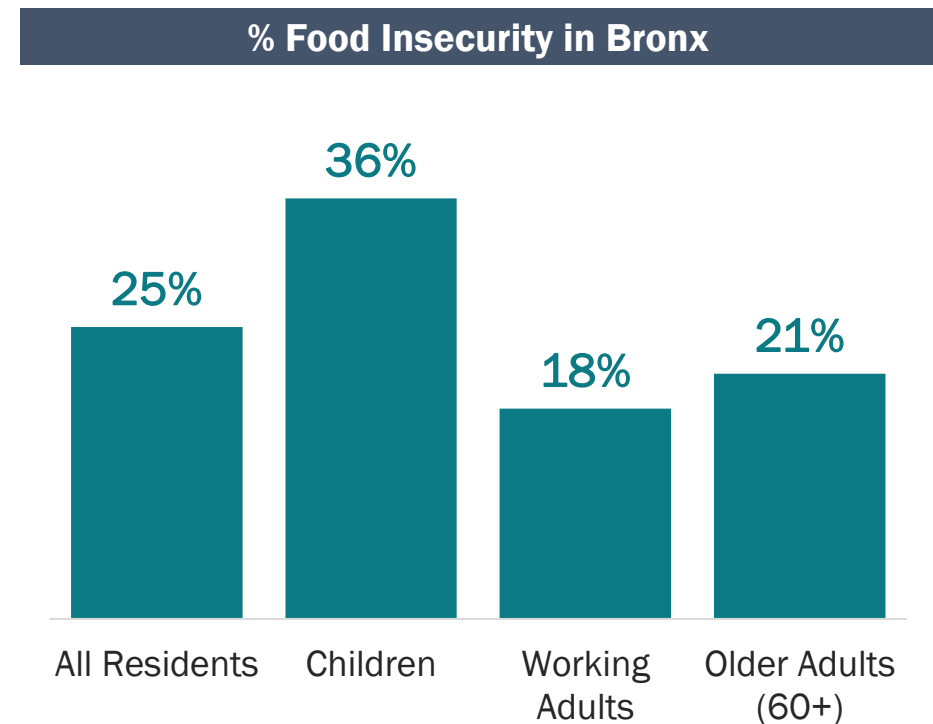
VP, Ambulatory Care Transformation and Innovation,
SBH Health System

Healthy Food Education

Food insecurity often results in poor nutrition, which can lead to obesity and chronic diseases. Over 36% of our Bronx community suffers from diabetes or obesity.

The goal of the project is to educate youth in the Bronx on nutrition, healthy eating and cooking. Our classes teach students how to:

1. Grow healthy produce;
2. Harvest fruits and vegetables;
3. Properly read nutrition labels;
4. Create balanced meals;
5. Manage sugar intake; and
6. Cook healthy food with assistance.



Our partner

Project Eats is a non-profit organization that operates neighborhood based, organic, urban farms in areas where people do not have access to or cannot afford fresh produce. Our mission is to provide access to fresh food and help people in underserved communities locally grow and learn methods of sustainable living.



Founded in 2009 by artist Linda Goode Bryant, Project EATS is a living installation transforming vacant lots and rooftops into neighborhood-based farms supporting farm stands, pantries, prepared food and community programs to catalyze creativity and cultivate greater food sovereignty across New York City. Communities deserve to grow their own food right where they live – art that feeds.

Our partner



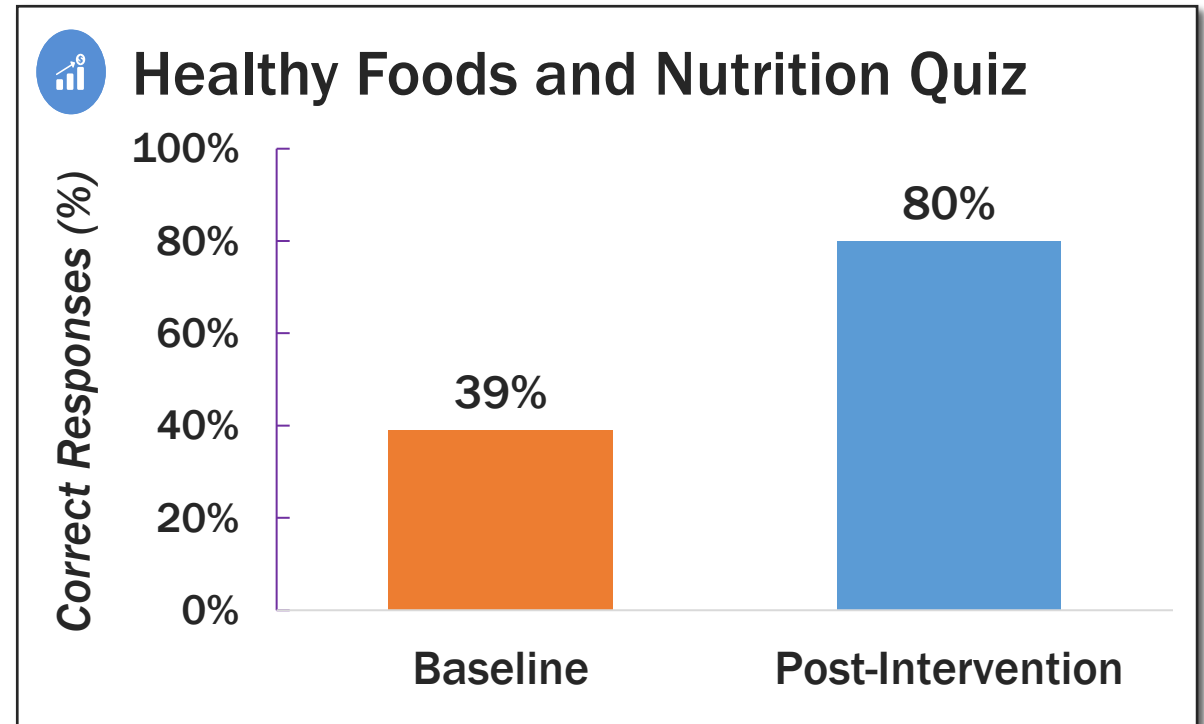
Success stories

We enrolled 78 students in the program and exceeded our target of 75 students.

We also tripled the number of engaged schools from 1 to 3.

Students were excited to have an opportunity for hands-on work in the farm beds, to get their hands dirty, and learn about the growing process and food systems.

Several students and all the teachers who chaperoned told us this is the **“best field trip ever.”**



Source: baseline quiz administered in the classroom and again at end of program at SBH

Challenges and changes

It was a challenge to engage with our students during the summer months.



We expanded our partnership to include two other organizations to maximize engagement.

There was significant staff turnover on the Project EATS team.



We minimized the impact by developing an accelerated onboarding process.

What's next?

- Expand our program to more schools.
- Include at least one group with specialized needs.
- Develop a curriculum that compares traditional soil based, urban rooftop and hydroponic farming that does not use soil.
- Incorporate a 15-minute nutrition counseling education session that is reimbursable under the new 1115 Medicaid Waiver Program (NYHER).





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Questions?

Abbie Gellman, MS, RDN, CDN

Director of Culinary Medicine and Teaching Kitchen,
SBH Health System

agellman@sbhny.org

718-960-3843

Alvin Lin, MBA

VP, Ambulatory Care, SBH Health System

alin2@sbhny.org

718-960-6836

Providing a Safe and Gender Affirming Environment for LGBTQ+ Patients

Nilar Thwin, MD

Director, LGBTQ Mental Health Clinic, Maimonides Health

Terry Tan, MBA

Director, Diversity, Equity, & Inclusion, Maimonides Health

Providing a safe and gender affirming environment for LGBTQ+ patients

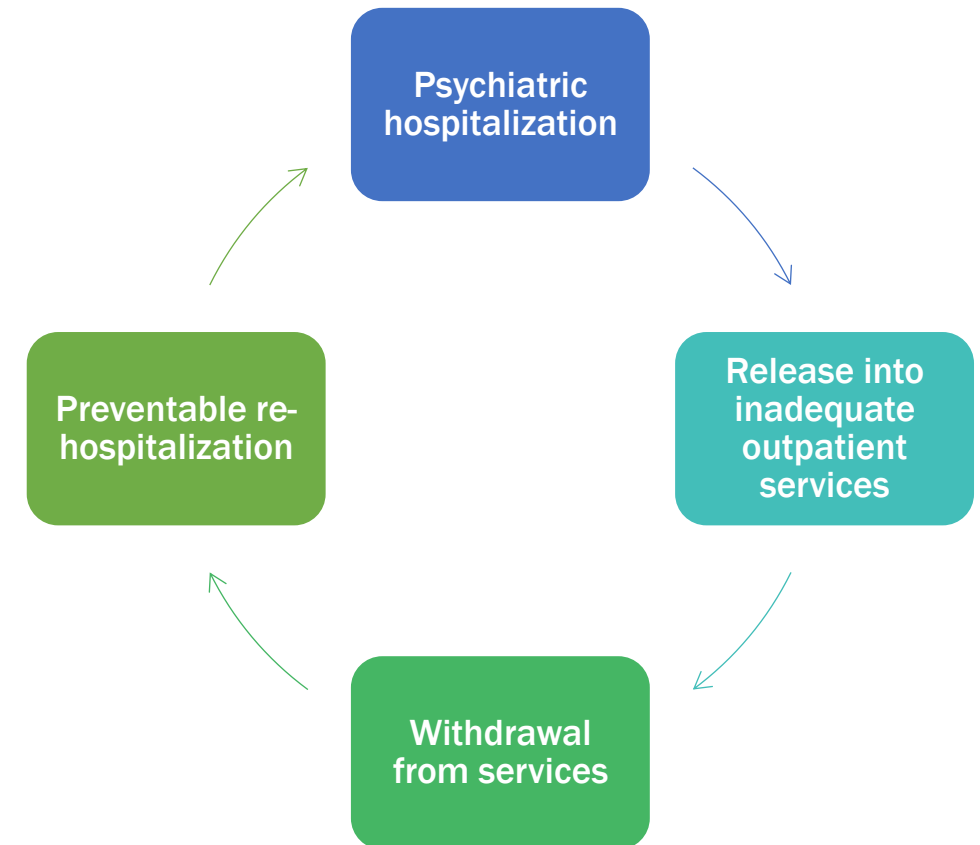
LGBTQ+ people living with serious mental illness are often marginalized in the public mental health system due to their LGBTQ+ identities, while also facing marginalization in LGBTQ communities due to their mental health status.

The stigma grows when poverty and racial marginalization intersect with the issues above.

To combat health disparities in the LGBTQ+ community, we:

1. Trained Maimonides staff using NYC DOHMH and NYS DOH curriculum developed in partnership with Rainbow Heights Club clients. Curriculum has been tested with 10 LGBTQ+ focus groups since 2011.
2. Partnered with Rainbow Heights Club to create a comprehensive resource guide listing affirming LGBTQ+ mental health services in Brooklyn.

Stigmatization based on LGBTQ+ identity, mental illness, poverty and racial marginalization creates a harmful cycle:



Partners: Maimonides LGBTQ+ Mental Health Clinic and Rainbow Heights Club

Maimonides Health established an LGBTQ+ Mental Health Clinic during the pandemic to meet growing needs of the LGBTQ+ community. The clinic offers psychiatric, psychological and group therapies tailored to the needs of the community.

Rainbow Heights Club is a peer-led, strengths based, psychosocial support organization for LGBTQ+ New Yorkers living with serious mental illness. RHC is not a therapy or psychiatry clinic; using the Clubhouse recovery model, RHC provides a free and confidential space for members to socialize, access peer support and take the next step on their recovery journey.

Maimonides LGBTQ+ Mental Health Clinic Team



Adult Outpatient Team:

Carilsdania Mendoza, MD, Psychiatrist
 Rachel Varadarajulu, MD, Psychiatrist
 Carole Filangeri, Ph.D, Psychologist
 Felicia Sitrin, Ph.D, Psychologist
 George Junco, ACSW, LCSW, Social Worker
 Layla Childs, LMSW, Social Worker
 Haishu Ding, LCSW, Social Worker
 Brittney Cost, MSW, Social Worker

Child and Adolescent Outpatient Team:

Nilar Thwin, MD, Psychiatrist
 Sarah Groark, Ph.D, Psychologist
 Yuqing Liu, LMSW, Social Worker
 Skyler Harris, PsyD, Psychologist

Success stories

- Trained 324 Maimonides employees on creating a safe and affirming environment for LGBTQ+ patients (goal was 65 employees).
- Before the training, only 42.5% of attendees felt certain about what affirming care looks like and could properly converse about it. After the training, this number went up to 100%.
- Accommodated staff working overnight and evening shifts with two sessions at 7am and two sessions at 3pm.
- Distributed 1,000+ resource guides at Brooklyn Pride to connect the LGBTQ+ community with Maimonides, RHC and other organizations.
- Refined the Maimonides clinic intake process to be more user-friendly based on patient feedback, as number of patients has increased steadily.

I now feel comfortable to ask LGBTQ+ patients any ID questions and relationship updates.
– Staff feedback

Mental Health Crisis Lines

988 is a free, confidential help line for New York City residents. You can call or text 24 hours a day, 7 days a week. 988 is multilingual and multicultural.

Callen-Lorde Crisis Text Line is a free and confidential text line. Text callenlorde to 741741

NAMI Helpline is available Monday - Friday, 10 AM - 10 PM EST. Call 1-800-950-NAMI (6264)

Trevor Project is available for LGBTQ youth and young people 24/7. Call 1-866-488-7386 or text 'START' to 678-678

Tips to Support Your Mental Wellbeing:

- **Connecting With Others**, especially face to face, can calm your nervous system and reduce stress.
- **Find Affirming Spaces** where you can be yourself. That place may be in this guide!
- **Practice Gratitude** by writing down what you are grateful for everyday. This trains your brain to see the world more positively.
- Make sure you are getting enough **sleep**, eating **nutritious food**, **exercising** when you can, and keeping **good hygiene**. Each of these gestures show yourself that you care.

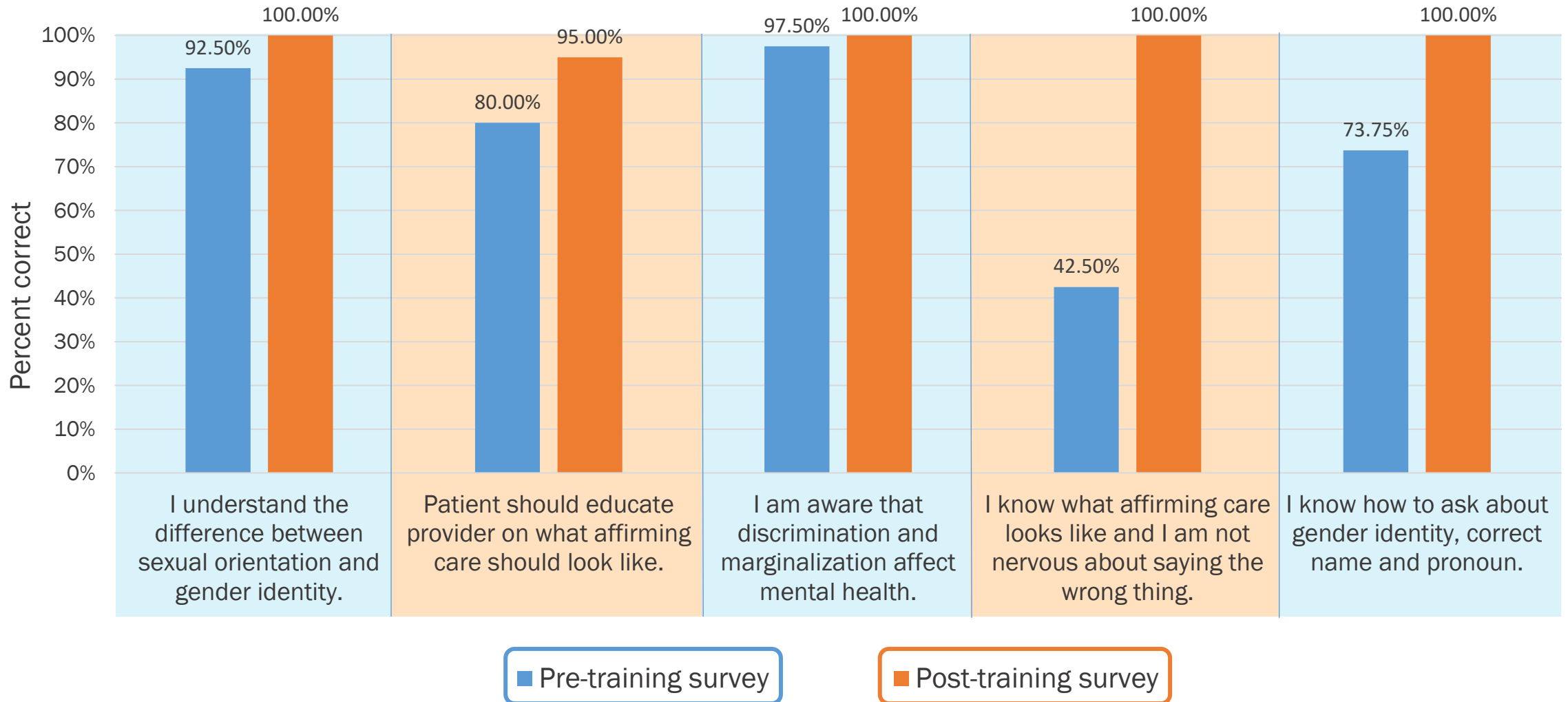
Your Guide to LGBTQ+ Resources in Brooklyn

A Collaboration between:

Rainbow Heights Club | Maimonides Health | 2024 LGBTQ+ Healthcare Equality Award

I now have a deeper understanding of the pain and stigma the LGBTQ community experiences daily.
– Staff feedback

Training survey highlights



Challenges and changes

Challenges:

- The bandwidth of CBOs expressing interest in participating in the coalition is shrinking due to lack of support from their corporate structure.
- The backlash towards the LGBTQ+ community is increasing in a divisive and polarized environment.

Changes:

- Contact community partners and expand coalition building in Brooklyn.
- Provide staff with more support to increase their capability to provide affirming care.
- Implement hospital-based best practices for providing LGBTQIA friendly environment.

AGENCIES AND ORGANIZATIONS

Audre Lorde Project <https://alp.org/>

The Audre Lorde Project is a lesbian, gay, bisexual, two spirit, trans and gender non-conforming people of color center working for community wellness, focused on the New York City area. Our 3rd Space Support program supports those with issues around employment, education, health care and immigration status.

85 South Oxford Street
Brooklyn, NY 11217



Brooklyn Community Pride Center <https://www.lgbtbrooklyn.org/> 347-889-7719

Brooklyn Community Pride Center advances lesbian, gay, bisexual, trans and queer liberation by celebrating, commemorating, and convening LGBTQ+ Brooklyn through socially conscious and culturally responsive programs, partnerships, and advocacy. We offer a range of programs including a mental health support group and self-empowered addiction recovery.

360 Fulton Avenue
Brooklyn, NY 11216



1561 Bedford Avenue, Suite Ground A
Brooklyn, NY 11225



Brooklyn Ghost Project <https://brooklynghostproject.org>

The Brooklyn Ghost Project supports transgender and non-binary people of color throughout the five boroughs of New York City and offers a range of programs including medical and mental health services

40 Varet Street
Brooklyn, NY 11206



Callen-Lorde <https://callen-lorde.org/> 718-215-1818

Callen-Lorde Brooklyn offers primary care, sexual health, behavioral health, women's health, transgender health, HIV treatment/prevention, and case management services in an affirming and supportive environment, regardless of ability to pay.

40 Flatbush Avenue Extension
Brooklyn, NY 11201



This guide is an informational resource. Kindly reach out to each organization for more information.

GRIOT Circle <https://griotcircle.org/> 718-246-2775

GRIOT Circle is a community-based, multigenerational organization serving LGBTQ+ elders of color. We offer wellness and support programming in person and virtual. Our services are for 50 and up. GRIOT refers members to trusted community partners for such services as mental health, meals on wheels, and friendly visiting programs among others.

271 Myrtle Avenue
Brooklyn, NY 11201



Housing Works <https://healthcare.housingworks.org/>

Housing Works Community Healthcare has built a network of providers committed to making sure your healing happens close to home. We strive to meet you where you already are, serve the neighborhoods you already live in, and support your access to routine care – so that great health is always a benefit and never a burden.

East New York Community Health Center
2640 Pitkin Avenue
Brooklyn, NY 11208
718-277-0386



Downtown Brooklyn Health Center
57 Willoughby Street
Brooklyn, NY 11201
718-277-0386



Maimonides Health <https://maimo.org/>

Maimonides LGBTQIA+ Clinic
Recognized as a 2024 LGBTQ+ High Performer by the Human Rights Campaign's Healthcare Equality Index, our expert team offers a wide range of personalized services, including primary care, HIV/ AIDS healthcare, mental health and counseling, social support, and more.

920 48th Street
Brooklyn, NY 11219
718-283-2727



Life Forward Program
Our experts provide the best medical care and social services for Brooklyn patients with HIV and AIDS. We respect your privacy while providing comprehensive, quality care to help you manage your health.

4802 10th Avenue
Brooklyn, NY 11219
718-283-5912



Rainbow Heights Club <https://www.rainbowheights.org/> 718-852-2584

Rainbow Heights Club is a drop-in community program for LGBTQ+ adults living with serious mental illness. We offer one on one peer support, support groups, socialization activities, and a free daily hot meal.

25 Elm Place, 6th Floor
Brooklyn, NY 11201



What's next?

Continue collaborating with RHC to engage LGBTQ+ community and expand membership.

Build upon the success of “Providing a Safe and Gender Affirming Environment,” we continuously heighten awareness, enhance staff knowledge and improve comfort level to better serve LGBTQ+ community.

Continue building a community coalition to provide a network of comprehensive health care services for this marginalized and vulnerable patient population.

Continue to monitor patient experience.





ADVANCING HEALTHCARE
EXCELLENCE AND INCLUSION

Questions?

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Director, Diversity, Equity, & Inclusion, Maimonides Health

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Questions?

Closing remarks



In the chat, please share something that you learned today.

- Stay tuned to learn about our upcoming projects in 2025 and beyond.



Connect with us!

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