

No-cost Age-Friendly resources available to Action Community members until Feb. 4, 2026

Overview

In partnership with the American Geriatrics Society, HANYS is pleased to announce the release of a curated library of Age-Friendly and geriatric-specific resources to further support our New York Age-Friendly Action Community members on their Age-Friendly journey. This library, which contains tools, toolkits, guides, and education around the 4Ms, is hosted by Geriatrics Care Online and is *available at no cost* to past and current New York Age-Friendly Action Community members *until Feb. 4, 2026*.

The link to access the library is listed on page 2 of this document. It is not posted on HANYS' Age-Friendly webpage. If you lose the link or have issues accessing the materials, please contact the Age-Friendly Action Community Project Manager, Lance San Souci, at lsansouc@hanys.org or 518.431.7882 for assistance.

Available resources



The Geriatrics 5Ms Quick Guide outlines key geriatric concepts for What \underline{M} atters, \underline{M} entation, \underline{M} obility, \underline{M} edications, and \underline{M} ulticomplexity that can be applied to every care setting. Each section includes suggestions of history or physical exam components, validated screening tools, and other helpful resources.



The Beers Criteria for Potentially Inappropriate Medication (PIM) Use in Older Adults is widely used by clinicians, educators, healthcare administrators, and regulators. The Beers Criteria is an explicit list of PIMs that are typically best avoided by older adults in most circumstances in ambulatory, acute, and institutionalized settings of care. Also available for download is a Beers Criteria pocket card which clinicians can use to quickly identify PIMs while working directly with patients.



Geriatric Evaluation & Management Tools are clinical templates which follow a History and Physical (H&P) format. These tools provide guidance to clinicians and trainees who are caring for older adults.



The AGS Age-Friendly Resource Library includes a curated collection of resources designed to support Age-Friendly Health Systems. This toolkit is organized into six sections: the Business Case for Becoming an Age-Friendly Health System, What Matters, Mentation, Medication, Mobility, and Cross-Cutting Resources.





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Access Instructions

 Click the <u>American Geriatrics Society Age-Friendly resource library link</u>. This will bring up an Okta sign-in page.



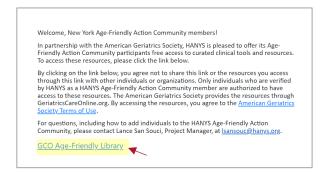
If you have an active Okta account that you use to access HANYS' website or resources, log in using your regular username (your full email address) and password. Forgot your password? Click "Need help signing in?" and then "Forgot password."

If you do not have an active Okta account, look for an email from Okta <noreply@okta.com> and follow the prompts to activate your account. (Check your spam or junk folders if the email is not in your inbox.) Once you've activated your account, close out of the Okta activation window and click on the AGS Age-Friendly resource library link above.

If you attempt to log in and receive the following error message, please contact <u>Lance San Souci</u> for assistance.



2. After signing into your Okta account, you will be redirected to the Age-Friendly resource library welcome page. Please read the welcome message, agree to the terms, and then click "GCO Age-Friendly Library." You will be redirected to the Age-Friendly resource library hosted on Geriatrics Care Online.



<u>Tip</u>: To return to the welcome page from the *American Geriatrics Society Terms of Use* page, use your browser's back arrow.





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3. Confirm successful login by referring to the welcome greeting at the top right corner of the webpage. This greeting should identify you as a HANYS Age-Friendly Health Systems Action Community member. Next, click on the "My Library" tab.



4. Click on the "Product List View" tab, if not already selected.



There are three categories of resources available:
1) Clinical Tools, 2) Guidelines, Recommendations
& Position Statements, and 3) Toolkits.

Upon first entry to the page, the Clinical Tools category will be expanded with available resources displayed. To view the resources available in the other two categories, click the downward carets to expand the sections.

5. To view the available content for each resource, click on "Table of Contents." Within the table, available resources are indicated through green-colored links. Enjoy!

